Resource Link (Unicare)

Knowing you have the support you need, whenever you need it, makes all the difference in the world.

Giving you emotional, legal and ýnancial guidance during lifeôs challenging times

Life in the fast lane. Thatôs normal speed these days. But when everyday problems like work-related stress or family issues become overwhelming or your life takes an unexpected turn, thatôs when you need help. Resource Link can give you the resources, guidance and support you need to manage your problems, before they become an emotional or ýnancial burden. And, thereôs no additional cost to you.

Support is one phone call away

You can talk to a Resource Link counselor 24 hours a day, seven days a week. Counselors can give you advice and options about how to handle your speciýc issue. Theyôll even help you ýnd local professionals if you need additional support. And,

If you have disability coverage with UniCare Life & Health Insurance Company (UniCare) and have an approved disability claim, youôll automatically receive three face-to-face sessions with a licensed mental health professional. You can use this service during the six-month period after your disability begins.

You also get professional legal and ýnancial advice

If youôve ever had legal or ýnancial issues, you know that seeing a profesthree consultations with a mental health professional and three consultations with a legal and/or ýnancial professional. Visits to these specialists can take place up to six months after you pass away.

Beneýciary Companion helps your beneýciaries take care of the details

When itôs time to take care of the paperwork and phone calls, your beneýciaries can get help from Beneýciary Companion.* This service will help your beneýciaries notify third parties of your death, like credit card companies, banks and utilities.

And theyôll work to protect your identity from identity theft. For more information about Beneýciary Companion, you can call 866-295-4890 or visit the Resource Link website. Beneýciaries can also ýnd this information included within the life insurance claim form.

Go online and get help any time

When you visit our website, www.resourcelink.unica! k! ct¸ sukt ƷƄne ` s inf ⊥ en ŭ w ` ¸ h ¨ q] r iyô÷ nt N

life events, like losing a loved one

- Podcasts and webinars covering different daily topics like exercising for health or how to handle teens
- A Personal Concerns Library with a wide range of topics including handling stress, addiction and personal relationships
- Parenting information like child development, children with special needs, divorce and more
- A depression screening tool and tips on dealing with depression
- Child and elder care provider ýnders
- Financial calculators and tools
- Will, living will and ýnancial power of attorney preparation assistance and an online legal library

Identity theft recovery services

It can take months or even years to get your identity back once itôs been stolen. If you ýnd out your wallet or purse has been lost or stolen, or if someone has stolen your identity, make Resource Link your ýrst step to recovery. Call the toll-free number as soon as possible. Youôll be assigned a Fraud Resolution Specialist to help you through the entire process. Here are just some of the services youôll receive:

- Unlimited fraud and recovery services including credit report review and placing ñfraud alertsò on credit reports and with creditors
- Help with getting your identity back and restoring your good credit reputation
- Letting all of your banks and credit card companies know they should close accounts where your identity is an issue
- Financial discussions over the phone with a ýnancial counselor specializing in identity protection
- Legal discussions with a lawyer on each new issue involving identity theft
- A 25% discount off the lawyerôs fee, after your ýrst discussion, for follow-up discussions

You can reach Resource Link 24/7: Call toll-free 888-209-7840 for private, one-on-one help 24/7 for setting up meetings or discussions.

Keep your Resource Link contact information with you: Just cut out and carry thewallet card.