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Education

DNP Troy University, 2017  
MSN Troy University, 2003  
BSN Troy University, 2000

Publications or  
Presentations

Jefferson, L., Paymon, L. (2022, July). *Nurses, Frontline Work and Stress: Breathing as a self-care practice*. [Podium Presentation]. 33<sup>rd</sup> Sigma Theta Tau Research Congress, Edinburgh, Scotland.

Renales, F., Jefferson, L., Paymon, L. (2022, October). *We are the ones we have been waiting for: Nursing as the framework to resolve the healthcare crisis*. [Podium Presentation]. 24<sup>th</sup> ILA Global Conference: Wisdom in Time of Crisis, virtual conference.

Paymon, L. Seibenhener, S., & Burns, D. (2021, August). *To Vape or Not To Vape*. [Podium Presentation]. 14<sup>th</sup> National DNP Conference, Chicago, Illinois.

Paymon, L., & Stein, B. (2021, August). *Evaluating Methods of Tobacco Cessation*. [Podium Presentation]. 14<sup>th</sup> National DNP Conference, Chicago, Illinois.

Paymon, L., Seibenhener, S., & Burns, D. (2020, March). *To Vape or Not To Vape* [Poster presentation]. The National Conference for Nurse Practitioners, Nashville, Tennessee.

Paymon, L. (February, 2019). *Caregivers' perception of Asthma control in Children* [Poster presentation]. Central Alabama Nurse Practitioner Association, Birmingham, Alabama.

Honors, Awards,  
Boards,  
Certifications, and  
Professional  
Organizations

Research Interest

Clinical Focus

Paymon, L. S., Riley, P., & Miller, B. (2018). Caregivers' perception of asthma control in children. *Pediatric Nursing*, 44(1).

Paymon, L. (2017, September). *Caregivers' perception of asthma control in children*. [Podium Presentation]. 2017 10th National Doctor of Nursing Practice Annual Conference, New Orleans, Louisiana.

Asthma, ADHD, and Childhood Obesity

Pediatrics