

## COLLEGE OF HEALTH AND HUMAN SERVICES

*The College of Health and Human Services was formed in 1994 in order to provide quality education for professional practice in a variety of areas associated with health and human services. The college aspires to the highest standards of educational excellence, blending a professional perspective with a liberal arts and science foundation.*

*Within the College of Health and Human Services are the School of Nursing, the Department of Social Work Human Services, and the Department of Kinesiology and Health b Humanomo*

*wai19.2 ( of)9.5 (as)sis0 0tme (cmmitt Tdr)9.me (c me3)6.(eat)7.21 (c)64 966f9 3eaea*

---

---

---

---

---



MTH 2210 (3) Applied Statistics

**Select one (1) of the following:**

PSY 3304 (3) Abnormal Psychology  
PSY 4421 (3) Physiological Psychology

**Program Core Requirements (40 hours)**

BIO 3347 (3) Human Anatomy and Physiology I  
BIO L347 (1) Human Anatomy and Physiology Lab I  
BIO 3348 (3) Human Anatomy and Physiology II  
BIO L348 (1) Human Anatomy and Physiology Lab II  
KHP 3352 (3) Kinesiology and Efficiency of Human Movement  
KHP 4425 (3) Pathophysiology  
KHP 4459 (3) Sport and Exercise Nutrition  
KHP 4474 (3) Exercise Physiology  
KHP L474 (1) Exercise Physiology Lab  
KHP 4475 (3) Exercise Testing and Prescription  
KHP 4476 (2) Laboratory Practicum in Exercise Performance  
KHP 4488 (3) Cardiovascular Physiology  
KHP 4495 (3) Advanced Exercise Physiology  
KHP 4496 (3) Biomechanics  
KHP L496 (1) Biomechanics Lab  
KHP 4497 (1) Senior Seminar in Exercise Science  
†KHP 4498 (3) Internship in Exercise Science

†It is the responsibility of the student to obtain a sufficient number of observation hours required to seek certification (e.g. ACSM Clinical Exercise Specialist) or gain entry into a graduate health professional school (e.g. PT, OT, PA).

**Select one Exercise Science Program concentration:**

**Wellness and Fitness Concentration (20 hours)**

KHP 3350 (3) Psychology of Wellness  
KHP 3360 (3) Physiological Principles of Body Systems  
KHP 3394 (1) Lifting Techniques for Conditioning and Rehabilitative Exercise  
KHP 3395 (2) Care and Prevention of Athletic Injuries  
KHP 4405 (3) Physical Activity and Disease Prevention  
KHP 4460 (3) Principles of Strength & Conditioning  
KHP L460 (1) Principles of Strength & Conditioning Lab  
KHP 4487 (2) Special Topics in Exercise Performance

**Select two (2) hours of advisor approved electives.**

**Nutrition Concentration (20 hours)**

KHP 3310 (3) Introduction to Food Science  
KHP L310 (1) Introduction to Food Science Lab  
KHP 3311 (3) Nutritional Assessment  
KHP 3315 (2) Complementary and Alternative Therapies  
KHP 3316 (3) Community Nutrition  
KHP 4458 (3) Lifecycle Nutrition

Take one of the following three (3) hours and one (1) hour course combinations

BIO 1101 (3) Organismal Biology  
BIO L101 (1) Organismal Biology Lab

**OR**

BIO 3372 (3) Microbiology  
BIO L372 (1) Microbiology Lab

**OR**

CHM 3342 (3) Organic Chemistry I  
CHM L342 (1) Organic Chemistry I Lab

**OR**

KHP 4460 (3) Principles of Strength & Conditioning  
KHP L460 (1) Principles of Strength & Conditioning Lab

**Select one (1) hour of advisor approved elective.**

**†Pre-Health Professions Concentration (20 hours)**

BIO 3372 (3) Microbiology  
BIO L372 (1) Microbiology Lab  
CHM 1143 (3) General Chemistry II  
CHM L143 (1) General Chemistry Lab II  
PHY 2252 (3) General Physics I  
PHY L252 (1) General Physics Lab I  
PHY 2253 (3) General Physics II  
PHY L253 (1) General Physics Lab II

Take one of the following three (3) hours and one (1) hour course combinations

BIO 1101 (3) Organismal Biology  
BIO L101 (1) Organismal Biology Lab

**OR**

KHP 3360 (3) Physiological Principles  
KHP 2200 (1) Health Concepts

**OR**

KHP 4460 (3) Principles of Strength & Conditioning  
KHP L460 (1) Principles of Strength & Conditioning Lab

**EXERCISE SCIENCE MINOR (18 HOURS)**

KHP 3352 (3) Kinesiology  
KHP 4459 (3) Sport and Exercise Nutrition  
KHP 4474 (3) Exercise Physiology  
KHP L474 (1) Exercise Physiology Lab  
KHP 4475 (3) Exercise Testing  
KHP 4488 (3) Cardiovascular Physiology  
KHP 4476 (2) Laboratory Practicum

**HEALTH PROMOTION MINOR (18 HOURS)**

KHP 4427 (3) Health and Fitness Education  
KHP 4442 (3) Health Education  
HSTM 2210 (3) Intro to Event Management  
SWK 2260 (3) Introduction to Non-Profit Organizations  
HSTM 3345 (3) Recreation Programming  
KHP 4405 (3) Physical Activity and Disease Prevention

**HUMAN SERVICES MAJOR (36 HOURS)**

HS 2230 (3) Survey of Human Services  
HS 2240 (3) Ethics in the Helping Profession  
HS 3310 (3) Human Behavior in the Social Environment I  
HS 3375 (3) Practicing Cultural Competency  
HS 3370 (3) Professional Communication in the field of Human Services  
HS 3399 (3) Human Services Seminar  
HS 4400 I/  
4420 II (6) Human Services Field Experience  
RHB/  
SWK 3320 (3) Human Behavior in the Social Environment II

**Select 9 additional hours in HS, RHB, or SWK courses.**

**HUMAN SERVICES MINOR (18 HOURS)**

HS 3310 (3) Human Behavior and the Social Environment I  
HS 3370 (3) Professional Communication in the field of Human Services  
SWK 3320 (3) Human Behavior and the Social Environment II  
HS/  
SWK/3375 (3) Diversity and Ethics  
HS 2230 (3) Survey of Human Services  
**OR**  
HS 2240 (3) Ethics



---

**NURSING, ASSOCIATE OF SCIENCE (ASN)**  
**(70 HOURS)**

---

**Admission**

Admission to the ASN program is competitive. Meeting minimal admission criteria does not guarantee acceptance. The admission process is completed in two steps. Students wishing to

BIO L348	(1)	Human Anatomy and Physiology II Lab
NSG 1130	(2)	Basic Nursing Concepts
NSG 1131	(2)	Basic Nursing Concepts Practicum
NSG 1135	(1)	Health Assessment Practicum
NSG 1140	(3)	Foundations of Adult Health Nursing
NSG 1141	(3)	Foundations of Adult Health Nursing Practicum
NSG 1151	(1)	Hospital Measurements
NSG 2202	(2)	Pharmacology
NSG 2213	(2)	Nutrition
NSG 2255	(2)	Maternal-Infant Nursing
NSG 2256	(2)	Maternal-Infant Nursing Practicum
NSG 2265	(2)	Nursing of Children
NSG 2266	(2)	Nursing of Children Practicum
NSG 2271	(2)	Psychosocial Nursing Concepts
NSG 2272	(2)	Psychosocial Nursing Practicum
NSG 2280	(4)	Advanced Nursing Concepts
NSG 2281	(6)	Advanced Nursing Practicum
NSG 2282	(2)	Adult Health Nursing II
NSG 2283	(2)	Adult Health Nursing II Practicum

---

**NURSING, BACHELOR OF SCIENCE (BSN)**  
**(124 HOURS)**

---

*Students wishing to declare a pre-nursing major at the baccalaureate level*

- NSG 2205 (3) Human Growth and Development  
**OR**  
PSY 2210 (3) Developmental Psychology (Lifespan)

*Select a six-hour history sequence (HIS 1101/1102; HIS 1111/1112; HIS 1122/1123).*

*Select three hours from the following:*

- ANT 2200 (3) Anthropology  
PSY 2200 (3) General Psychology  
SOC 2275 (3) Introduction to Sociology

**Area V Requirements:**

- BIO 3347 (3) Human Anatomy and Physiology I





